

## **Ask a Coach – by Patrick Brettingen**

**Q:** Should I be bowling in the summer?

**A:** The summer is a wonderful time to work on improving your bowling skills. Join a PBA Experience league to practice playing on the same challenging Sport Bowling oil patterns that Tommy Jones, Pete Weber and Norm Duke battle on the Denny's PBA Tour. PBA Experience summer leagues - generally about eight to 10 weeks long - will help you to improve your accuracy and spare shooting. Unlike on forgiving house conditions where you throw lots of strikes, PBA Experience oil patterns make it more difficult to hit the pocket so you'll need to be more accurate and you will shoot at a lot of spares. Most PBA Experience leagues are on the floor in the summer months, so check the "Find a League" feature on [bowl.com](http://bowl.com) for one near you.

Another way to improve your skills in the summer is to find a USBC coach. Use the "Find a Coach" option on [bowl.com](http://bowl.com) to locate a USBC coach near you who can set up lessons and work with you to improve your timing, release, change your rev rate, help you learn to play different parts of the lane and many other skills.

Summer is the time to get your game in shape for next season and add pins to your average!